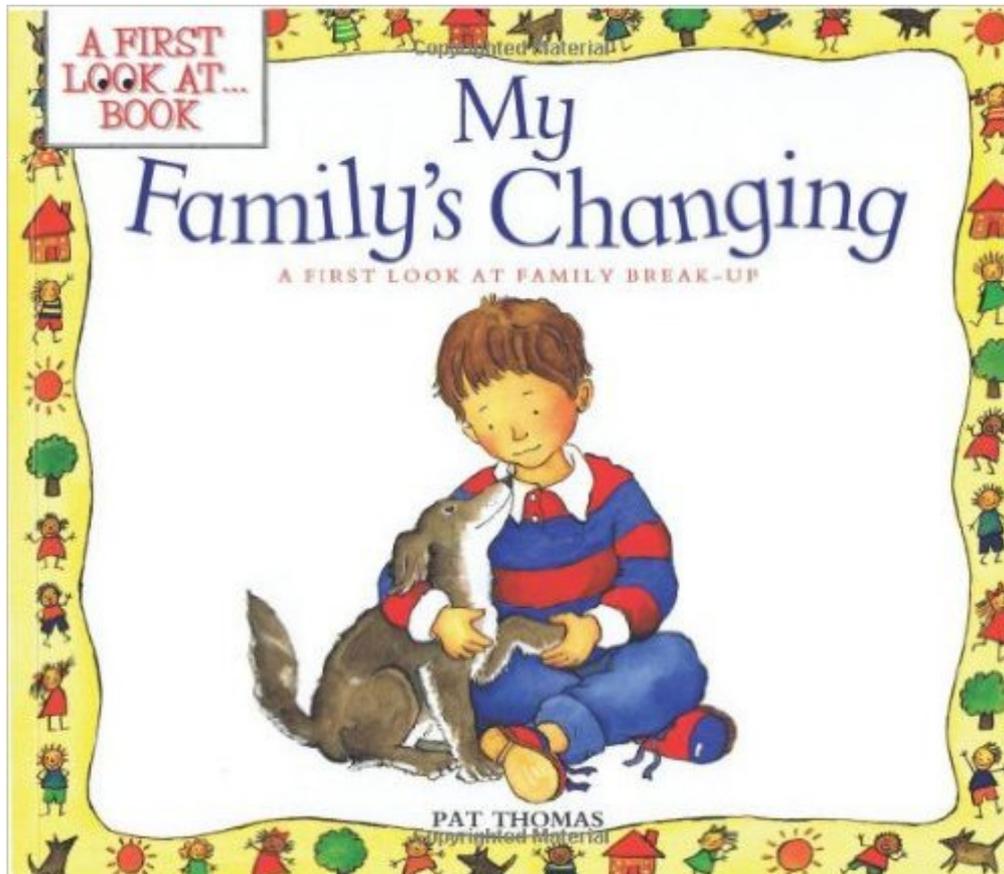


The book was found

# My Family's Changing (A First Look At Series)



## Synopsis

This unusual picture book for younger children explores the issue of divorce. The author of this book is a psychotherapist and counselor and helps children to face their fears, worries and questions when their family is going through a break-up. A special feature, "What About You?" sidebars appear frequently with questions directed at the child reading the book. The questions encourage children to explore their own feeling about the situation. Full color illustrations throughout.

## Book Information

Lexile Measure: 880L (What's this?)

Series: A First Look At Series

Paperback: 32 pages

Publisher: Barron's Educational Series (February 1, 1999)

Language: English

ISBN-10: 0764109952

ISBN-13: 978-0764109959

Product Dimensions: 9.4 x 0.2 x 8.2 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (33 customer reviews)

Best Sellers Rank: #17,496 in Books (See Top 100 in Books) #13 in [Books > Children's Books >](#)

[Growing Up & Facts of Life > Family Life > Marriage & Divorce](#) #754 in [Books > Education &](#)

[Teaching > Schools & Teaching](#)

Age Range: 4 - 7 years

Grade Level: Preschool - 2

## Customer Reviews

This book provides a wonderful explanation of how a family changes through divorce, especially for a very young child. It is one of the few books that does not discuss step families, which was not an issue at the time of our split, and supports the idea of a child spending significant time with both parents. Best of all, it's a pleasant read. More than a year after our move, my child still pulls this book off the shelf occassionally.

My husband and I have separated and I realize that it is very difficult to write a book on separation or divorce that make sense for a range of families. However, this one did not work at all for our family. The only book that I've been able to read to my child is Two Homes, which does not assume

that parents are arguing, or that things are bad, or that something is really wrong. We have tried to treat this as a healthy manifestation of the way that many families change - and that is what it is for us. Sad, but not some sort of catastrophe. This book has a line like, "Maybe you are acting more naughty in order to get attention since things are hard with your family." Or something like that. But for families where the separation or divorce is amicable and kind, this is not a helpful book. I think it would confuse our son. There is also a line about Mommy and Daddy not being nice to each other or arguing. Which I get might happen in a lot of families, but for families that are able to keep that away from children, that is not helpful. In general, I think it is just really hard to write a book that fits each family's unique situation. What would be very helpful is regular books where the parents JUST HAPPEN to be divorced, rather than that being the main part of the book - that would convey that there are all sorts of healthy families, including families that are divorced. I think this is better than the dinosaur divorce book (where the Mama dinosaur appears to be taking too many pills...?!?!), but 70% of it didn't apply to us so I didn't read it to my son.

I purchased this book along with, *Why Don't We Live Together Anymore* (which is also a great book) And I looked into other books like *Dinosaur Divorce*, etc. However many bits of it were too graphic (ie: drugs, alcohol, etc. and the illustrations were also very angry. This book is really speaks from a child's point of view and breaks it down so that a child even as young as 4yrs old can understand and relate to what the book is talking about. I also believe it is a good book for parents because it really does give you insight on what your child is or will be going through. I highly recommed this book for anyone with a child going through a divorce.

I bought this book for my 4 yr old nephew in the midst of his parents' divorce, and found it exceptionally helpful. It is sensitively written, yet direct and powerful. The illustrations are rich and expressive, and evoked a very strong response in my nephew, enabling him to express himself in ways he might otherwise not have. Due to his age, I read the book ahead of time and chose which sentences to focus on in order to account for his attention span. But as he grows and develops, we'll be able to read the entire book together. I agree with the other reviewer and also like that this book focuses entirely on the immediate changes, without focusing on step-families. I hope to find a book as good as this one about step families when that becomes a need. I highly recommend this book! Note: the cover shows a boy, and the boy is the primary character, however, many illustrations also include a girl/sister.

I split from my ex wife in 2010, I bought this book last summer. It is an excellent book that helps children understand why they feel the way they do about the change of their parents splitting up that has occurred in their lives. That it is ok to be sad or mad. Reminds them divorce is not their fault that they will always be loved by both parents. I just recently read it again to my 7 & 9 yr old boys. It is a good book to read over & over again.

This book was good, but a little advanced for my four year old. There was a lot of details about divorce and attorneys and such. I really didn't want my daughter to learn about all the unnecessary details, but overall it wasn't bad.

I am an elementary school counselor and use this book with children that I meet with in small groups. It is very hands on. We will read several pages and then answer the question proposed by the author at the bottom of the page. Discussions are created by the questions that relate back to the reader. Can't anything but good stuff about this book!

Excellent book! My recently divorced daughter and my little 7 year old grandson have read it many times. When my grandson is feeling a little sad for "Dad;" he feels some comfort when his Mom lays in bed with him, reads the book, say their prayers, and snugs in him for the night.

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